

Information about introductory course

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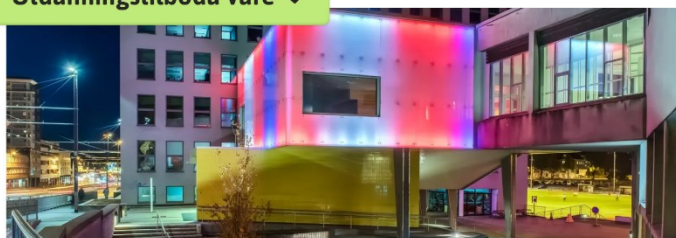
Snarvegar ▾

Elevar og føresette ▾ Om skulen ▾ Kva skjer? Søk 🔍

The school homepage:

- www.arstad.vgs.no
- Here you will find useful information about the school
 - Schooldays and holidays
 - Book loan contract
- Link to VIS ([Visma InSchool](#))
 - Students log in with Feide
 - Parents log in with BankID

Utdanningstilboda våre ▾



Services at school:

- School health service
 - School nurse
- NAV in school
 - NAV-counsellor
- Student body service
 - Guidance counsellor
 - Diversity counsellor
 - Career counsellor
 - Care workers

As new in Norway, there are a lot of new things you may need help with. Your teacher does not have time to help with everything, but the counsellors do.

The school day: *Example of timetable:*

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30-09.30			Norwegian	English	Norwegian
09.40-10.40	Science	Physical education		Math	
10.45-11.45	English	English	Science	Norwegian	Social studies
11.45-12.15	Lunch	Lunch	Lunch	Lunch	Lunch
12.15-13.15	Norwegian	Math	Social studies	Homeroom	Social studies
13.25-14.25				Social studies	Science
14.30-15.30					

- Goal: Learn Norwegian in all subjects
- 22,5 hours of class every week
- Physical education in Norway
 - o Cooperation
 - o Play
 - o Dance
 - o Sports
 - o Movement activities
 - o To shower after class
 - o Mandatory for all students in Norway
- Methods:
 - o Repetition and communication
 - o Focus on learning words, reading, writing, listening and talking in Norwegian
 - o Homework
- Two classes
 - o Differentiated levels in Norwegian, English and math
 - o Books and digital resources in all subjects
 - o 2 language tests every year: August and December/January
- Recommended language level before VG1: B1
 - o 2 years in introductory course for most students
- Integration
 - o Cooperation with other classes
 - o Language café
 - o Knit and talk
 - o Games
 - o Trips in the community

Absence:

- It is important to meet at school every day to be able to learn enough Norwegian to manage VG1.
- It is important to make non-school appointments outside classes.
- 2 kinds of absence:
 - o **Documented absence** (needs to be documented!)
 - Doctor, nurse, dentist, psychologist
 - For driver licence: 4 hours mandatory safety course on track (step 3) and 9 hours of safety course on road (part 2 and 3 of step 4)
 - Compassionate leave (ex. death / funeral in close relation)
 - Positions of trust, relief work, participation on national or international level (ex. representative, political work, national level participation in sports/culture)
 - Mandated attendance in court or examination for military
 - 2 days each school year connected to religious holidays outside The Norwegian Church
 - o **Undocumented absence** (invalid absence)
 - Appointment with NAV, the introduction centre, police, UDI, etc.
- You will **not get absence** if you have an appointment with a counsellor or nurse **at school**.

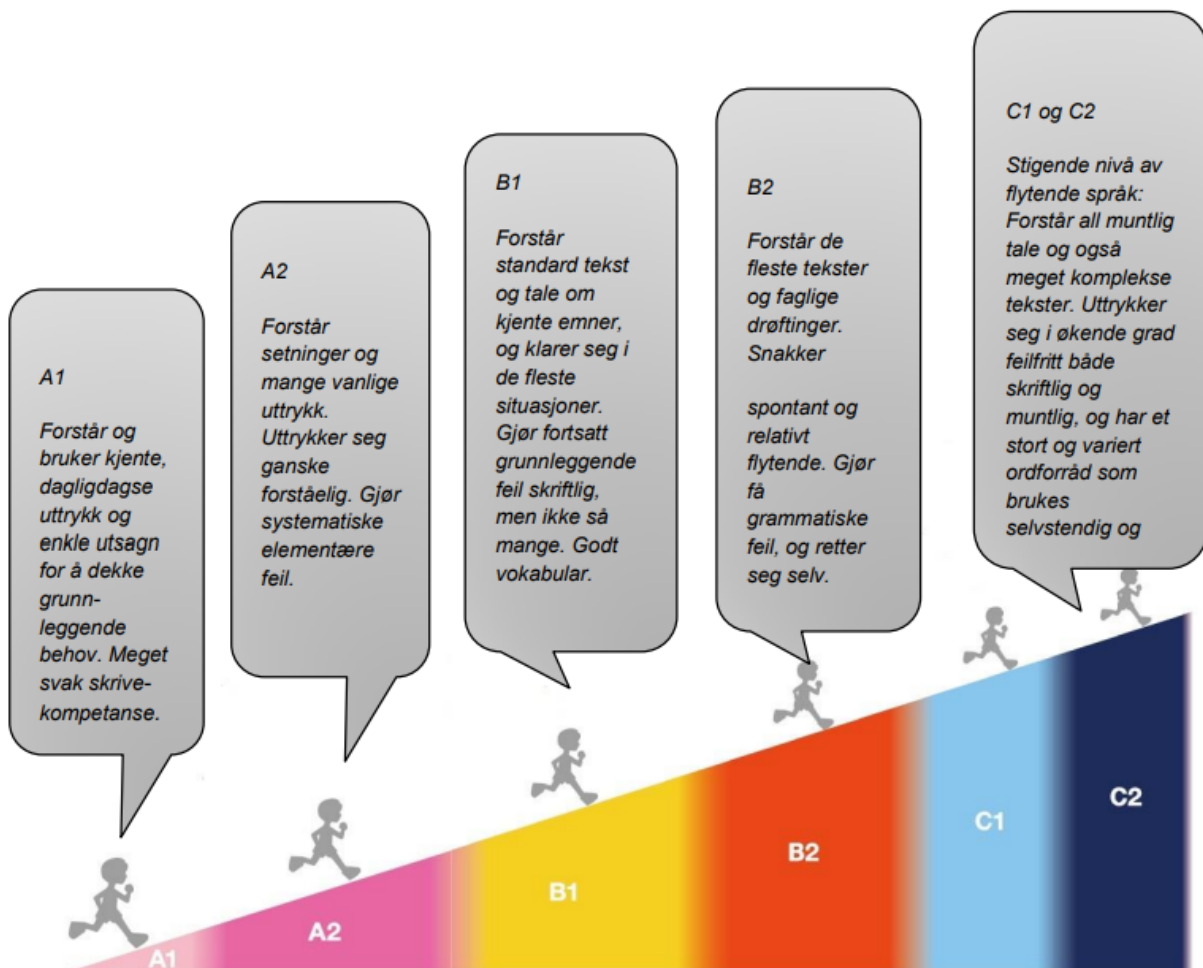
- It is **not** possible to apply for leave of absence in high school/upper secondary school for holidays and travels. Leave of absence is only granted for a delayed start (ex. pregnancy/birth, compulsory military service, illness, etc.)
- **IMPORTANT!** Send a message to form master if you are not able to come to school, whether it is documented or not.

Collaboration school – home:

- Collaboration between students, parents/guardians and contacts
- Student-teacher conversations: 2 times a year, professional and social development

Assesment:

In introductory course we do not use numbered grades. Language is assessed by language levels:



In other subjects you are assessed by low, medium or high goal attainment by levels 1, 2 or 3 in the curriculum.

Language levels:

- The students need language level B1 to manage VG1
- The students need language level B2 to manage higher education
- Everyday language takes 1-2 years to learn
- Academic language takes 6-7 years to learn

Curriculum:

- Introductory course uses «Læreplan for innføringsklasser i Hordaland» (Curriculum for introductory courses in Hordaland). You will find it [here](#).

Translation of language levels:

A1: Understands and uses known day-to-day words and expressions to cover basic needs. Very low writing ability.

A2: Understand sentences and a lot of common expressions. Expresses him/herself quite understandably. Still have systematic and basic mistakes.

B1: Understand standard text and speech about known subjects and manage in most situations. Still makes basic mistakes in writing, but not a lot. Good vocabulary.

B2: Understand most texts and discussions. Talk spontaneity and quite fluently. Few grammatical errors and able to self-correct.

C1 & C2: Increasingly fluent language. Understands all oral speech and very complex texts. Expresses her/himself increasingly flawless in both oral and writing, and has a large and varied vocabulary